Environmental changes in the Maryut lagoon (northwestern Nile delta) during the last ~2000 years

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Abstract

Here, we interpret the evolution of Maryut lagoon (Egypt) during the past ~2000 years. Chronostratigraphy and laboratory analyses have enabled us to identify four main phases since the 3rd century AD: (1) a fluvial-dominated lagoon between the 2nd–3rd and the 8–9th centuries cal. AD; (2) a gradual desiccation of the lagoon toward a sebkha-like environment from the 9–10th to the 13th centuries cal. AD; (3) a fluvial-dominated lagoon from the 13th century cal. AD; and (4) a second gradual desiccation between the 17th and the 18th centuries cal. AD. The general aridification trend described throughout the study period may be linked to the gradual decline of the Canopic branch, which supplied the Maryut lagoon with freshwater. Nonetheless, at shorter timescales, the different phases of lagoon aridification and flooding coincide with land abandonment and irrigation works in the region. It is suggested that the history of the Alexandria countryside has been a key driver in shaping the environmental history of the Maryut during the past ~2000 years.

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1. Introduction

During antiquity, the Maryut lagoon served as a navigation channel for the transportation of goods and passengers between Alexandria, its agricultural hinterland and the Nile delta (Cosson (de), 1935; Empereur, 1998; Rodziewicz, 1998; Empereur and Picon, 1998; Khalil, 2005). The shores of the lagoon have been densely occupied since the 4th century BC (Blue and Khalil, 2010; Blue et al., 2011). Land reclamation of the delta’s western margin began during the early Ptolemaic period and continued during Roman times, according to historical sources, although the extent of irrigation and drainage works is unknown (Redon, 2007, pp. 450–459). After the Arab conquest, in the 7th century AD, sites at the shoreline declined rapidly and traffic on the Maryut waterway ceased progressively (Décobert, 2002). Nonetheless, cultivated lands in the Behera region, between the Rosetta branch of the Nile and the Maryut lagoon (Fig. 1), were not abandoned during the Medieval period. This archaeological and historical evidence shows: (1) that the Maryut basin has been a key feature of Alexandria since antiquity; and (2) sheds light on possible human impacts in shaping the lagoon’s environmental history, notably its hydrology. Nonetheless, the late Holocene evolution of Maryut lagoon is poorly understood. To fill this knowledge gap, we analyzed the basin’s late Holocene environmental history using stratigraphic sequences and bio-sedimentological data. Historical descriptions of the Maryut lagoon by travelers are also used. Our study aims to identify potential human impacts upon the Maryut’s environment and, in turn, the role of natural forcing in shaping human occupation patterns in the Alexandria region.

2. Environmental setting

The Maryut lagoon lies on the northwestern edge of the Nile Delta. The lagoon can be subdivided into two parts, the western arm and the main eastern body (Fig. 1). The western area is structured by two late Pleistocene coastal ridges trending SW–NE parallel to the present coastline (Fig. 1; El Asmar and Wood, 2000). The Maryut’s eastern body is flanked in the north by
a coastal ridge, in the east by the Mahmoudeya canal (former Alexandria canal) and in the west by Quaternary deposits that overlie the Miocene limestone. In the south, the basin trends parallel to the western delta edge. Maryut's current southern limit is controlled by pumping stations that maintain water levels at 2.8 m below mean sea level (bmsl). As a result, most of the previous Maryut southeastern basin has been reclaimed for agricultural purposes (Fig. 1). The Maryut receives water from the Nile's northwestern delta irrigation system, as well as industrial and urban wastewater from Alexandria (ALAMIM, 2007). As a consequence, salinity is nearly nil to low-brackish.

Human modification of the water budget has a long history in the area. At the end of the 12th century AD, the chronicler Abul Hassan al-Makhzoumi described the irrigation system during Nile flooding of the province of Behera (in Toussoun, 1926), an administrative region located on the northwestern delta, between the Rosetta branch and the Maryut lagoon (Fig. 1). The Behera was divided into several basins separated by dikes. Each basin was flooded successively by opening of the dikes, beginning with the Nile in the west. The excess water leads to flooding of the Maryut basin. Earlier in antiquity, Redon (2007) cites historical documents attesting to drainage works in the area of Maryut lagoon.

In addition to human impacts, natural forcings may also act as drivers of lagoonal change. The Maryut's hydrological system is mainly controlled by (1) relative sea-level rise, which includes subsidence processes well documented on the coastline of Alexandria and Abukir bay (Stanley et al., 2004a; Stanley, 2005; Goiran et al., 2005; Stanley and Toscano, 2006) and (2) variability in Nile flow. The Nile has a seasonal flow regime which results from the monsoon rainfall regime of the Blue Nile that drains the Ethiopian highlands (Woodward et al., 2007). Kondrashov et al. (2005) have demonstrated that decennial to centennial climate variability can also affect Nile flow. In addition, Nile flow on the delta has been subjected to lateral migration. For instance, during antiquity, the Canopic was the most conducive to recording lowstand sedimentation. Sedimentary features were described during fieldwork. One or more samples were taken from each stratigraphic unit. These were subsequently sieved to quantify the sediment texture, and the composition of the sand fraction was observed under a binocular microscope. Particular attention was paid to faunal groups, characeae and gypsum crystals.

The chronological framework of the Maryut sequence was elucidated using thirteen radiocarbon dates (AMS). Material, sample depths and calibrations are reported in Table 1.

3. Materials and methods

3.1. Sedimentology and chronology

The present study is based on 15 stratigraphic sequences, retrieved from cores and sections (Fig. 1). All localities have been benchmarked relative to present mean sea level using a differential GPS. Boreholes M12 and M14 were drilled using a manual auger operating upon artificial banks above current water level. Sections M3 and M4 were outcrops studied on the banks of low-level water drains. Sections were between 1 and 3 m in height. These sequences are located in the deepest part of the basin (Fig. 1) namely the area the most conducive to recording lowstand sedimentation. Sedimentary features were described during fieldwork. One or more samples were taken from each stratigraphic unit. These were subsequently sieved to quantify the sediment texture, and the composition of the sand fraction was observed under a binocular microscope. Particular attention was paid to faunal groups, characeae and gypsum crystals.

The chronological framework of the Maryut sequence was elucidated using thirteen radiocarbon dates (AMS). Material, sample depths and calibrations are reported in Table 1.

3.2. Historical data

Sedimentological data were complemented by historical descriptions of the Maryut lagoon. Sennoune (2008) has compiled numerous accounts written by travelers who visited Alexandria between the 6th and the 18th centuries AD. Descriptions of the
lagoon are usually short but nonetheless yield insights into the basin size, its connection to the Nile and/or the sea, the surrounding landscape, and its fish or salt resources. Ancient maps, drawn between the 16th and 18th centuries AD, are given in Awad (2010). From these sources, we obtained forty descriptions of the Maryut between the 16th and the 18th centuries AD.

4. Late Holocene chronostratigraphy of the Maryut lagoon

Results from two sections (M3 and M4) and two cores (M12 and M14) are described below. These cores lie on an SE–NW transect, crossing the deepest part of the Maryut.

4.1. Stratigraphy and biofacies of section M3

The location of section M3 is given in Fig. 1. Seven stratigraphic units have been identified (Figs. 2 and 3).

Unit A comprises an alternation of mud layers devoid of fauna and shelly-rich mud layer (Flaux et al., 2011). The biofacies is characterized by lagoon pelecypods (Cerastoderma glaucum, Scrobicularia plana and Liripes lacteus), gastropods (Hydrobia sp., Pirellina conica), the foraminifera Ammonia beccarii and the ostracod Cyprideis torosa. C. torosa density exceeds 1000 individuals per 10 g of bulk sediment in this unit (Figs. 4A and B). Only a few individuals of C. torosa were found in this quasi-azoic environment. Textural analyses indicate that the sand fraction comprises up to 50% in this facies. X-ray analysis of the sand fraction shows that it is primarily composed of gypsum. Crystalline gypsum morphologies are dominated by discoidal lenticular forms. They are associated with tabular and elongated prismatic crystals, with hemi- or bipyramidal endings. Twinned lenticular crystals are frequent, sometimes aggregated to form gypsum flowers. Crystalline overgrowths are also observed on the largest grains. Post-depositional desiccation cracks have altered the structure of the deposit (Fig. 2). They are filled with sediment from the above unit.

Unit B is characterized by light brown clayey silt rich in C. torosa, whose abundance increases to ~40,000 individuals per 10 g of sediment aggregate. This ostracod species constitutes the majority of the medium-size sand fraction (Fig. 3). The associated fauna comprises typical lagoonal species (the foraminifera A. beccarii, the pelecypods C. glaucum and S. plana and the gastropod Hydrobia sp.) and slightly brackish water species (the gastropod Melanoïdes tuberculata). The facies also presents sandy lenses, rich in rhizo-concretions (Fig. 4A and B) and the gastropod Cyraulus sp. The interface between units B and C is irregular. A radiocarbon date was obtained from ostracod shells taken at the base of the unit. These yielded an age range of 132–330 cal. AD.

Unit C consists of brown clayey silt, motted with numerous traces of oxidation. C. torosa is the only faunal species present, characterized by a sharp decrease in abundance, from >1000 individuals per 10 g of sediment aggregate at the top of unit B to ~10 individuals per 10 g of bulk sediment in this unit (Fig. 3). Gypsum was found in great quantity within the sediment matrix, mainly in discoidal lenticular forms. A white silty sand, also composed of gypsum, was observed in section. This feature formed a mycelium-like system (Fig. 4D) or cylindrical nodules.

Unit D is composed of brown clayey silt. This unit presents the same faunal assemblage as unit B.

Unit E comprises millimetric to centimetric laminae of sandy gypsum and dark gray muds (see Figs. 3 and 4C). Only a few individuals of C. torosa were found in this quasi-azoic environment. Textural analyses indicate that the sand fraction comprises up to 50% in this facies. X-ray analysis of the sand fraction shows that it is primarily composed of gypsum. Crystalline gypsum morphologies are dominated by discoidal lenticular forms. They are associated with tabular and elongated prismatic crystals, with hemi- or bipyramidal endings. Twinned lenticular crystals are frequent, sometimes aggregated to form gypsum flowers. Crystalline overgrowths are also observed on the largest grains. Post-depositional desiccation cracks have altered the structure of the deposit (Fig. 2). They are filled with sediment from the above unit.

Unit F is a brownish to grayish clayey silt. It presents the same faunal group as unit B. Radiocarbon dating of the base of the unit yielded an age range of 1222–1286 cal. AD.

Unit G consists of dark gray clayey silt. The same faunal groups as unit B are observed. Additional observations include organic-rich lenses, abundant shells of Hydrobia sp. and Cyraulus sp. in the sandy fraction, amphibious gastropod shells and abundant gypsum is in mycelium-like form (Fig. 4D). Gypsum grains are aggregated. The top of the layer lies at the same elevation as the surrounding fields and is covered by embankments. Two 14C dates indicate that the last sedimentation phase occurred during the 16th to 17th centuries cal. AD.

4.2. Stratigraphy and biofacies of core M12

Core M12 was recovered less than 1 km west of M3 (Fig. 1). Four stratigraphic units have been identified (Fig. 5).

Unit A comprises dark gray muds, rich in lagoonal pelecypod and gastropod shells. It is the same facies as unit A in section M3 (Flaux et al., 2011).

Unit B is a dark brown to black clayey silt, rich in organic matter. Its biofacies consists of lagoonal shells (A. beccarii, C. glaucum, S. plana and Hydrobia sp.) and slightly brackish water species (M. tuberculata). The abundance of C. torosa decreases from units A to B and is accompanied by gypsum formation within the sediment matrix. Two forms of gyrogonites, the calcified fructifications of the Characeae, were identified as Chara tomentosa and Chara zeylanica. A sample of organic matter taken in this unit yielded an age of 694–984 cal. AD.

Unit C is a gray to dark gray clayey silt, characterized by a decrease in faunal abundance and an increase in gypsum grains. Gypsum grains comprise the majority of the sand fraction. Crystal
morphologies are identical to those described in section M3, unit E. Fauna is represented by a few Hydrobia sp., A. beccarii and C. torosa. Unit D contains C. glaucum and Hydrobia sp., mixed with gypsum and the hypohaline species M. tuberculata. Two dates indicate that this unit was deposited between the 16th and the 20th centuries cal. AD. The uppermost part consists of human infill and forms the embankment of El-Nubareya canal. The latter was dug between 1950 and 1970 (Awad, 2010). It marks the end of the lacustrine sedimentary sequence at site M12.

4.3. Stratigraphy and biofacies of section M4

Section M4 is situated 5 km southeast of point M3 (Fig. 1). Five stratigraphic units have been identified (Fig. 6).

Unit A comprises the same dark shelly mud facies described in M3 and M12. The termination date of this deposit is 1134–1395 cal. BC, from a shell collected at the top of the unit. This date is similar to the one obtained from section M3.

Unit B is a light gray clayey silt. No shells were recorded but some gypsum grains were found. Shell samples taken at the base of the unit yielded an age of 1270–1389 cal. AD. Unit D is a grayish to brownish clayey silt. The unit presents a finely laminated structure, composed of light and dark layers. Some isolated layers are composed of sand and shell debris. Associated fauna is similar to those in unit C, as it comprises both lagoonal to slightly brackish species, but with a lower species diversity.

Unit E is a grayish to brownish sandy silt. It comprises shelly clayey-silt and sand layers (Fig. 4E). Clayey-silt layers are rich in C. glaucum. In some layers, clayey silt sediments form balls that are 2–5 mm in diameter. Some layers comprise pure and well-sorted shell fragments or sands. Chemically, these units display centimeter-scale load structures upon finer layers (Fig. 4E). Finally, this unit comprises all the species observed in other units. The present shores of Maryut lagoon near point M4 were fixed between 1950 and 1970 (Awad, 2010) and mark the final sedimentation phase in this area.

4.4. Stratigraphy of core M14

Core M14 was taken near the El-Max canal that connects the Maryut to the sea (Fig. 1). The stratigraphy of core M14 displays just a single sedimentary unit, between 4 and 5.5 m bmsl deep, under a thick layer of human infill. It comprises evaporites alternating with organic-rich mud layers. Alternations occur at millimetric to centimetric scales. Halite grains are only present in the coarse sand fraction (>500 μm). They constitute large cubic grains that are totally transparent, between 0.5 and 5 mm large. Some are aggregated (Fig. 4F). The coarse sand fraction also comprises well-rounded

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**Fig. 2.** Stratigraphy of section M3 (location denoted in Fig. 1) and sedimentary features. Upper part of the Maryut lagoon’s Holocene sequence.
carbonate grains. In the fine sand fraction ($<200 \mu m$), X-ray analysis yielded the following composition: ~80% gypsum, ~10% calcite and ~10% quartz. Gypsum crystals are transparent, generally automorphic to sub-automorphic and present prismatic morphologies with pyramidal terminations (Fig. 4G). Calcite corresponds to cylindrical peloids (Fig. 4G). No shells were recorded in this deposit. A hard crust (likely halite) stopped coring.

Dating of an organic layer at the base of the sequence yielded an age of 1024 $^{\text{cal. AD}}$. 1156

5. Hydrological changes inferred from the lagoon's bio-sedimentary record (Fig. 7)

5.1. Reservoir age

Goodfriend and Stanley (1996) elucidated in the present Maryut waterbody a hardwater radiocarbon effect (HWRE), which refers to the dilution of $^{14}C$ activity in the waterbody by the continental influx of $^{14}C$-free inorganic carbon. These authors measured the radiocarbon age of a Corbicula shell, collected live at Alexandria in 1927. As results indicated an apparent age of 730 $^{\text{yr BP}}$, they deduced a hardwater radiocarbon error of 610 $^{\text{yr}}$. HWRE can also be estimated using the apparent $^{14}C$ age of lagoonal shells or organic matter taken in the topmost part of the sequence. A radiocarbon age obtained for a shell of Cerastoderma taken in unit G from section M3 (Fig. 3) indicated an apparent age of 345 $^{\text{yr}}$ (Table 1) while a thin organic layer ~10 cm below the Cerastoderma sample yielded a similar age of 300 $^{\text{yr}}$ (Table 1). These recent ages are coherent with the last stage of the Maryut sedimentary sequence, before it dried up in the last 18th century AD and was then reclamation purposes (Bernand, 1970; Warne and Stanley, 1993; ALAMIM, 2007; Awad, 2010). Furthermore, because we interpret the water budget of the Maryut lake for the sequence studied as being Nile-dominated, we did not apply a marine reservoir age correction.

5.2. Brackish lagoon, ~2nd–3rd to ~8–9th centuries cal. AD

A dark shelly mud facies was elucidated at the base of sequences M3 (Figs. 2 and 3), M12 (Fig. 5) and M4 (Fig. 6). This facies records a marine-influenced lagoon whose accretion ended ~1200 cal. BC and was ~250 $^{\text{yr}}$ (Table 1). In light of this, samples were not corrected for a hardwater effect. The hardwater effect detected by Goodfriend and Stanley for the 20th century may translate hydrological changes within the Maryut lagoon since the late 19th century. At this time, the marginal and nearly dry lagoon (see Section 5.5) was reconnected to the Nile via an irrigation network and the water level was artificially lowered to 2.8 m bmsl for land reclamation purposes (Bernand, 1970; Goodfriend and Stanley, 1996). A bulk sample rich in organic matter taken in the upper sequence of core M12 gave a radiocarbon age of 250 $^{\text{yr}}$, while a wood samples taken 30 cm below yielded a close radiocarbon atmospheric age of 165 $^{\text{yr}}$ (Table 1). In light of this, samples were not corrected for a hardwater effect. The hardwater effect detected by Goodfriend and Stanley for the 20th century may translate hydrological changes within the Maryut lagoon since the late 19th century. At this time, the marginal and nearly dry lagoon (see Section 5.5) was reconnected to the Nile via an irrigation network and the water level was artificially lowered to 2.8 m bmsl for land reclamation purposes (Bernand, 1970; Goodfriend and Stanley, 1996; ALAMIM, 2007; Awad, 2010). Furthermore, because we interpret the water budget of the Maryut lake for the sequence studied as being Nile-dominated, we did not apply a marine reservoir age correction.
Brackish species attest to a lagoon environment with freshwater inputs (Fig. 3; Bernasconi and Stanley, 1994; Flaux et al., 2011). A similar mixed biofacies was elucidated in unit B of sequence M12 (Fig. 5). C. tomentosa and C. zeylanica found in the latter unit translate a lightly brackish setting (Corillion and Guerlesquin, 1971; Soulé-Märsche, 1999). They are associated with the euryhaline species C. glaucum and S. plana. The mixed faunal assemblages attest to two water sources, oscillating between marine and Nile dominating inputs. This may imply a seasonal variation comprising, for example, a flood season with high freshwater inputs and a dry season subject to greater marine influence. Organic matter deposited in M12’s biofacies has been dated to 694–894 cal. AD (Fig. 5). This phase therefore lasted from the ~2nd–3rd centuries cal. AD up to at least the ~8–9th centuries cal. AD (Fig. 7).

Fig. 4. Low water-level sedimentary features. (A) and (B): carbonate rhizoconcretions. Pedogenic feature interpreted as root influence on carbonate segregation (section M3, unit B); (C): millimetric to centimetric bands of sandy gypsum and dark gray muds. The deposit was found ~4.0 m bmsl (section M3, unit E); (D): gypsum comprising a white silty sand, with mycelium-like structures (section M3, unit C). During fieldwork, this fine-grained gypsum was observed around the roots of living reeds; (E): fine heterogeneous layers in unit E, section M4. Note the pebble-size fragment from unit D (see Fig. 6) that forms a load cast upon fine layers; (F): Aggregated transparent halite cube from an evaporite layer in core M14; (G): sand fraction (between 0.2 and 0.5 mm) from an evaporite layer in core M14. Note transparent and prismatic gypsum crystals and white cylindrical peloids, probably produced by the crustacean Artemia.

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5.3. Dessication between ~9–10th and ~13th centuries cal AD

Rhizoconcretions (Fig. 4A and B) and the gastropod Gyraulus sp. form sandy lenses in unit B of core M3 (Fig. 2). They are characteristic of brackish marsh shorelines (Bown, 1982; Plaziat and Younis, 2005; Mateucci et al., 2007). Mycelium-like gypsum deposits were also found (Figs. 2 and 4D). We assume that these were formed from precipitation in pore water by evapotranspiration processes, such as the gypsum concretions observed around root systems. Mycelium-like gypsum could thus reflect the presence of reed vegetation on the marsh shoreline. Moreover, the interface between units B and C is irregular (Fig. 2), consistent with an erosive surface. Such post-depositional features fit tightly with a phase of lower water levels. Gypsum formed in unit B of core M12...
Fig. 7. Stratigraphic cross section constructed from cores M12 and M14 and sections M3 and M4. Numbers refer to the interpreted depositional environments: (1) late Pleistocene playa (Chen and Stanley, 1993); (2) marine influenced lagoon (Flaux et al., 2011); (3) brackish lagoon with important periodic freshwater inputs; (4) sebkha; (5) brackish lagoon with important periodic freshwater input. Calibrated dates AD and sample depths are shown.

(5.4) Brackish lagoon, ~13th to ~16th cal. centuries AD

After the deposition of the gypsum-rich facies in section M3, faunal groups from units F and G record a mixed assemblage, indicating euryhaline to lightly brackish conditions (Fig. 3). Similar biofacies from units C and D are recorded in M4 beginning around 1222–1280 cal. AD (Fig. 6) and can therefore be correlated with the post-gypsum units in M3 (Fig. 7). Although the faunal association from units C and D in M4 is very similar to M3’s lagoonal biofacies, slightly brackish still water species predominate. This could reflect the proximity of M4 to Nile flow input through canals and important dilution of lagoon water by freshwater input, probably during seasonal floods or multi-annual periods of high river discharge. This phase indicates a perennial reconnection of the lagoon with the Nile, after the dessication phase.

5.5. Second drying-up phase, ~16th to ~18th centuries AD

Amphibious gastropods and mycelium-like gypsum found near the top of the sequence at sites M3 and M4, as well as organic-rich (peat-like) layer at site M3, attest to the proximity of the shoreline. High abundance of the gastropods Hydrobia sp. and Gyraulus sp. in the coarse sand fraction (Fig. 3) may result from sorting processes and accumulation at the shoreline by swell dynamics, because these shells have high floating ability. The upper sequence at site M3 has thus recorded shoreline changes, that are also attested in historical sources. Indeed, between the 16th and the 18th centuries AD, traveler accounts describe significant environmental changes in the Maryut basin (Sennoune, 2008). For example, during the summer 1663, Edward Melton explains that salt could be extracted from the ‘Sebaca lake’ (namely a sebkha). The following February, Jean de Thévenot describes a ‘marsh that stretches out as far as the eye can see’. During the winter of 1665, Antonio Gonzales writes of a ‘lake as large as a sea’. These examples describe respectively three dominant landscapes: (1) a sebkha, (2) a marshland, and (3) a vast lake. The different names attributed to the basin also attest to the variability of the lacustrine landscape, including bushuira (lake), palus (marsh) and sebaca (sebkha). Moreover, four travelers describe a connection between the Maryut and the sea, near the current el-Max canal (Fig. 1). If this account is true, the basin became a vast lagoon around 40 km long, stretching from Alexandria to its southern shores (see the 0 msl contour line in Fig. 1). We compiled forty descriptions dated between the ~16th and ~18th years. Journal of Archaeological Science (2012), http://dx.doi.org/10.1016/j.jas.2012.06.010
centuries AD and quantified the proportion of these four environments (lake, lagoon, marsh, sebkha), calculated over a period of 50 years. Results are depicted in Fig. 8A. Despite the annual to multi-annual scale variability in the water budget, the travelers’ descriptions (n = 40) suggest a second desiccation of the lagoon during the 17th and the 18th centuries AD, characterized by a shoreline regression and a sebkha-like landscape (Fig. 8).

5.6. Maryut changes during the 19th–20th centuries

Goodfriend and Stanley (1996) have suggested that 2 m of sediments in core S79 (see location in Fig. 1) were deposited during the 20th century A.D. They attribute this very high sedimentation rate (19 mm yr\(^{-1}\)) to agricultural activities in the region and high supply of sediments from the lagoon margins and canals. Numerous amino acid racemization dates from shells in this layer indicate that the sediments have been significantly reworked (Goodfriend and Stanley, 1996). Unit E from section M4, dug near core S79, comprises abundant C. glaucum probably from unit A, while slightly brackish to freshwater species may be reworked from units C and D (Fig. 6). The facies also recovered well-sorted shell debris layer. Clayey silt sediment balls were also found in this unit, as well as fragments from the underlying laminated unit D, that form load coasts upon finer layers (Fig. 4E). These elements indicate a reworking lacustrine sediments by stream flow. The upper part of section M4 and core S79, located near the lagoon shoreline that was fixed between 1950 and 1970 (Awad, 2010). A thick layer of artificial fill was also elucidated in M3, M12 and M14. It is consistent with an extensive modification of the area by human activity (Awad, 2010).

6. Geoarchaeology of the Maryut

The environmental evolution of Maryut lagoon with regard to climatic (Nile flow), geomorphological (Canopic branch silting up) and delta land-use changes during the past 2000 years are discussed below and depicted in Fig. 8.

6.1. Maryut changes vs Nile flow

In 380 AD, Sozomen would have described dramatic flooding of the Maryut region by the Nile (cf. Goiran, 2001). Recent archaeological surveys suggest that most archaeological sites on the

![Image](https://example.com/image.png)

**Fig. 8.** (A) Synthesis of the Maryut’s hydrological evolution between the 3rd and the 18th centuries AD as based on bio-sedimentary data, radiocarbon dates and historical evidence. This is depicted alongside (B) the Nile’s low water level (Kondrashov et al., 2005; the time series have been centered on the relevant mean and the amplitudes have been normalized using the standard deviation of the original time series) and episode of Nile flood discharge (Hassan, 2007), (C) the Canopic branch’s filling-up trend (references in text, Section 6.2), and (D) important economic and political changes (references in text, Section 6.3).
southeastern shores of the Maryut lagoon were built upon low mounds, just above mean flood level (Wilson, 2010). It is likely that seasonal flooding has been a major control of the Maryut’s water budget. Annual Nile flow and flood data dating back to the 7th century AD have been gathered from the Nilometer at Rodah (Toussoun, 1925) in Cairo and corrected for Nile channel accretion by Popper (1951). Hassan (2007) highlights decadal-scale variations in Nile flow between the 9th and the 15th centuries AD (Fig. 8). Nile gauge records reveal pronounced episods of low and high Nile flood discharge. Between 930 and 1070 AD, the Rodah Nilometer records both low flow and floods. This phase may have favored the first desiccation phase of the Maryut lagoon. However, between 1070 and 1200 AD, high Nile floods are archived while a negative water budget is recorded in the Maryut lagoon. At this centennial timescale, Nile flow does not appear to be a major driver of Maryut changes. Nonetheless, seasonal fluctuation of Nile flooding is obviously key in shaping rapid Maryut changes, as depicted by travelers from the 16th to the 18th centuries AD (Fig. 8). The southeastern part of the Maryut basin, whose a vast surface lies between –2 and 0 m below msl, would have been particularly sensitive to phases of emersion and flooding. It suggests a rapidly fluctuating shoreline position which was not favorable to human occupation. Indeed, there are no archaeological evidences such as harbors features for occupation of the Maryut shores during the Medieval period.

6.2. Water deviation and canopic branch decline

The Canopic was formerly the westernmost branch of the Nile delta (Fig. 1). Alexandria and its hinterland were dependent upon this branch for freshwater supplies. According to Toussoun (1922, 1926), the Canopic’s flow began to ebb between the 1st and the 5th centuries AD. During this period, Chen et al. (1992) note the rapid progradation of the Rosetta lobe, probably to the detriment of the Canopic branch. Bernard (1970) suggests that flow diminished from the 2nd century AD onwards and that the mouth had already silted up by the 5th century AD. Toussoun (1926) found no references to the Canopic branch in Arabic texts. The important city of Naukratis, located on the banks of the Canopic channel, ceased to exist in the early 8th century AD (Coulson, 1996). Hairy and Sennoune (2006) have used historical sources to show how the layout of Alexandria’s canal system evolved as the Canopic gradually silted up during the medieval period, especially between the 10th and the 14th centuries AD. This chronology is contemporaneous with the first desiccation phase of the Maryut described in the present study. Bernard (1970) has suggested that a decline in Canopic flow began during Roman time when Alexandria’s demands for freshwater were growing rapidly. In addition, Canopic flow was diverted, via numerous canals, into the Maryut. In the same manner, Blouin (2006) used papyrus documents to demonstrate that flow in the Mendesian branch of the eastern delta declined during the 2nd century AD, in response to the irrigation network and canals. The irrigation and freshwater supply systems of Alexandria and its countryside may therefore be one of the causes behind a decrease in Canopic flow. We suggest that an increasing freshwater demand led to the deviation of Canopic water and the silting up of its channel. At this millennial timescale, the increasing diversion of Nile flow by societies since antiquity probably induced the disappearance of five of the seven branches known in ancient times (Toussoun, 1922).

6.3. The Maryut’s environmental history in relation to historical evidence of navigation and delta irrigation

During antiquity, Maryut lagoon served as a navigable waterway linking Alexandria with the delta (Rodziewicz, 1998; Empereur, 1998). Historical evidence (Yoyotte et al., 1997), archaeological data (Wilson, 2010) and sedimentological studies (Toonen and Trampier, 2010) suggest that the Maryut, known as Lake Mareotis in antiquity, was supplied with freshwater from the Nile via branches and/or canals. Our data partially confirm these conclusions, because biofacies between the 2nd–3rd and the 8–9th centuries AD are consistent with fluvial input into the lagoon (Fig. 7). Flaux et al. (2011) have demonstrated that the Maryut was a marine influenced lagoon at least until the 11–12th centuries AD. BC, (corresponding to the shelly facies, see Figs. 3, 5 and 6). Although the sedimentary hiatus in our record does not allow us to document the rate of evolution from a marine to fluvial dominated lagoon, this environmental change may indicate human impacts, contemporaneous with the development of Alexandria, its lacustrine navigation routes (Wilson, 2010) and agricultural hinterland during antiquity (Redon, 2007, p. 450–458).

From the 7th to the 9th centuries AD, important political changes took place in the Nile delta. Persian invasions occurred in 619 AD. After the Arab conquest (639–642 AD), the export economy of Alexandria’s countryside declined and nearly all of the Maryut’s sites were abandoned (Empereur, 1998; Rodziewicz, 1998; Wilson, 2010; Blue and Khalil, in press). The role of Maryut lagoon as an important transport node for fluvial declined and removal of the waterways were slowly abandoned (Décobert, 2002). During the 9th century AD, the construction of a new city wall around Alexandria separated the urban area from its lacustrine façade (Haas, 2001). Shortland et al. (2006) list a series of political disorders, rebellions and revolts in the western delta region during the 8th and 9th centuries AD, as well as Berber invasions from the Libyan Desert in the 9th century AD. Finally, Toussoun (1922), quoting a 10th century AD Arab writer, describes a major decrease of the northern delta’s agricultural base, which he attributes to poorly maintained irrigation canals. We suggest that political disruptions and socio-economic changes between the 7th and 9th centuries AD were key drivers of Maryut desiccation during the 9–10th centuries AD (Fig. 8).

Guest (1912) suggested that canal networks in the delta were significantly modified during the 12th century AD. Toussoun (1926), based on Arabic chronicles, indicated that the Behera channel was dredged between 1263 and 1265 at time of the Mamluk Sultan al-Zahir Baybars. We suggest that higher Nile water supply (as related to the Rosetta branch), linked to the development of an irrigation system, ended the Maryut’s negative water budget during the 13th century cal. AD (Fig. 8).

Michel (2002) studied two tax records dating at 1315 and 1528, drawing up a list of farming villages and their associated lands in the Behera. Between these two dates, the author shows, from a sample of fifty-one villages, that eight are deserted and sixteen are significantly depopulated, while the cultivated acreage is halved. This decline is not specific to the region. It is attributed to a major demographic crisis induced by a plague that ravaged the population during this period. More specifically, however, the small size of the Behera villages (and their associated cultivated lands) and their location at the delta margin were probably also significant in shaping the decline of the area. Within the Behera itself, the western part was the most affected. Michel (2002) adds that in the early years of the Ottoman period, emigration took place from the Nile delta margins toward the center. Thus, from the 14th to the 16th centuries AD, the population of the Behera region decreased significantly. Subsequently, it is assumed that the hydrological system of the Behera was at least partially abandoned, especially in its western part. The hydrological regime of the Maryut lagoon was directly affected by the demographic and agricultural decline of the Behera, as is confirmed by our data with the second desiccation phase of the basin during the 17th century AD (Fig. 7). As a consequence, when the French Expedition reached Egypt between 1798
and 1801, engineers described the Maryut as a barren sandy salt-marsh, called sebkah by local inhabitants.

7. Conclusion

Study of the sedimentary record of the Maryut lagoon served to refine interpretations of the Maryut environmental history from the 2nd to the 18th centuries AD. Sedimentological, palaeontological and historical data allow us to identify four major environmental periods. The Maryut’s water budget oscillated between a fluvial-dominated euryhaline lagoon regime (2nd–3rd to 8–9th and 13th to 16th centuries cal. AD) and that of a periodically flooded sebkha (9–10th to 13th and 17th–18th centuries cal. AD). Based on comparisons with land use history, we propose that political and socio-economic disruptions between the 7th and 9th centuries AD, and an important decrease in population during the 14th to 16th centuries AD, both led to a negative water budget in the Maryut lagoon, as a result of a reduction of irrigation water inputs. Drying-up phases are consistent with periods of abandonment of the Behera region. Conversely, we propose that irrigation works in the area in the 13th century AD induced the end of evaporitic conditions. At the end of the 19th century AD, the Maryut basin once again became artificially connected to the Nile via the northwestern delta’s expanding irrigation network (Awad, 2010). Changes in human occupation were probably superimposed on the long-term recession of the western delta margin, in response to silting-up of the Canopic branch. This process might have resulted, at least in part, from the diversion of Canopic flow into the irrigation system. The environmental history of the Maryut lagoon during the past 2000 years therefore reflects the economic dynamics of the Alexandrian region. A finer temporal and spatial resolution of the Maryut’s sedimentary record will help to better understand seasonal to annual Nile flow variability and its impact on the basin’s water budget, human occupation and agricultural dynamics.

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