

Damanhour University
Faculty of Nursing

Curriculum Vitae

Assist Poff. Dr /Rasha Mohamed Essa

Curriculum Vitae (C V)

Personal Data	
Name:	Rasha Mohamed Essa Ragab
Birth date	10/7/1972
Place of birth:	Alexandria , Egypt
Address:	14 Mahmoud Sadkey St Louran, Alexandria, Egypt
Home phone:	-----
Mobile:	0120021274
Nationality:	Egyptian
Religion:	Muslim
Language	English and Arabic
Computer Experiences	ICDL , SPSS

Current Position:

Vice Dean for Education and Students Affairs in Faculty of Nursing,
Damamhour University

Assist Prof in Obstetric and Gynecological Nursing Faculty of Nursing,
Damamhour University from 20\5\2014 till Now

Coordinator to the Department of Obstetric and Gynecological Nursing
Faculty of Nursing, Damamhour University
since 24/2/2009 till may 2014 .

Coordinator of the project of Development of students' Assessment System student evaluation of Faculty of nursing. from 2010 till 2014 , then **Vice Chairman of the Board the project of Development of students' Assessment System** student evaluation of Faculty of nursing

- Manger of Student Affairs Committee, At Faculty of Nursing.

- Member of Quality assurance unit Faculty of nursing 2010, 2011.

- Member of emergency and management committee Faculty of nursing. 2011-2012, 2012-2013

- Member of internship committee Faculty of nursing. 2011 and 2012

- Trainer in leadership `development center (FLDP Center) Damanhour University.

Academic Qualification:

Academic Degree	Place of Issue	Date
Assist Prof in Maternity & Gynecologic Nursing , Faculty of Nursing . damanhour University	Maternity & Gynecologic Nursing , Faculty of Nursing . damanhour University	20\5\2014
Doctorate in Nursing Science (D.N.Sc) Maternity & Gynecologic Nursing Faculty of Nursing University of Alexandria	Maternity & Gynecologic Nursing Faculty of Nursing University of Alexandria	24/2/2009
Master in Nursing Science (M. N. Sc) Maternity & Gynecologic Nursing Faculty of Nursing University of Alexandria	Maternity & Gynecologic Nursing Faculty of Nursing University of Alexandria	25/8/2002
Bachelor in Nursing Science (B. N Sc)	High Institute of Nursing, University of Alexandria	June 1994

Personal Thesis:

1. Doctorate Thesis

THE EFFECT OF BETADINE VERSUS CHAMOMILE ON PAIN
RELIEF AND HEALING PROCESS OF EPISIOTOMY AMONG
PRIMIPARAE

2. Master Thesis

WOMEN’S AWARENESS AND REACTION TO SYMPTOMS
OF GENITAL PROLAPSE

EMPLOYMENT RECORD:

Job Rank	Place and Address of Work	Date
Vice Dean for Education and Students Affairs in	Faculty of Nursing, Damamhour University	22/6/2014 tell now
Assist Prof in Maternity & Gynecologic Nursing , Faculty of Nursing . damanhour University	Faculty of Nursing Damanhour University	20/5/2014 tell present
Lecturer, Maternity & Gynecologic Nursing	Faculty of Nursing University of Alexandria Damanhour branch.	From 24/2/2009 till 20-4-2014
Assistant Lecturer, Maternity & Gynecologic Nursing	Faculty of Nursing University of Alexandria Damanhour branch, Egypt.	5/11/2008
Clinical Instructor Obstetric & Gynecologic Nursing, High Institute of nursing University of Alexandria	High Institute of Nursing University of Alexandria Alexandria, Egypt.	1995- 2008

Participation in nursing conferences:

- Quality Care Nursing: Today and Tomorrow 27-29/1996
- The sixth International Congress on ‘ Women’s health issues’ Faculty of nursing], Alexandria University 22-25 /6/1998

Participated in the 5th Annual Meeting of obstetric and Gynecologic Department Faculty of medicine, University of Alexandria on ‘reproductive health in 21 Century 19-20 /4/2001

- Participated in the 16th Annual Scientific Meeting of obstetric and Gynecologic Department , Faculty of medicine, University of Alexandria on ‘new perspectives in reproductive health in 9-10 /5/2002

- The 1st Scientific meeting of Gynecological and midwifery Department 2007

- Toward better children’s Quality of life 5/4/2008

- Accreditation and Nursing Vision & Challenges 22-4-2008

- Quality is a National Demand 6-7 /5 2008

- Nurse manger’s opportunities 12/5/2008

- Revamping Clinical Evaluation in Acute Care nursing 23rd April 2009.

- 23rd Annual Scientific Meeting: Department of Obstetrics & Gynecology, Faculty of medicine- Alexandria University In collaboration with Suzanne Mubark center for Women's Health and Development 21-22 May, 2009.

- Participate in "Advanced TOT on Quality of Health Care" from Tuesday 26th to Wednesday 27th May 2009. Healthcare Quality & Accreditation Unit.

- The First Alexandria International Workshop " Women and Child Health: Food and Environmental Pollution" 25-28 July 2009

- Participate in The 11th international Scientific Nursing Conference "Nursing Profession on the Road of QUALITY" 13th -15th October -2009 Alexandria- Egypt.
- Participate in workshop on " Faculty Members Promotion: New Rules/Regulation and Concerns" in the 11th international Scientific Nursing Conference "Nursing Profession on the Road of QUALITY" 13th -15th October -2009 Alexandria- Egypt.
- Participate in 4th International Conference of the High Institute of Public Health " Patient Safety" from 27-29 October 2009.
- Participate in the workshop titled: Infection control measure for health care of patient with acute respiratory diseases I pregnant women . Held at Faculty of Nursing, University of Alexandria, on 22-4-2010.
- Participate in the activities of 24th Annual Scientific Meeting: For Obstetrics & Gynecology Department, Faculty of medicine- Alexandria University ' Towards ethical and safer practice . from 28-30 April 2010.
- Contribution in the 2nd annual Scintific Meeting Complementary therapy and reproductive health 3rd October 2010
- Participant as speaker in workshop Safe Motherhood For (Afghan Nurse And Midwives) 10th-21st October 2010 in the Suzanne Mubark Regional center for Women's Health and Development in collaboration with USAID from the American People.
- Participate in the activities of 1st Annual Scientific Meeting For chest Department, "PulmoAlex2011"
Faculty of medicine- Alexandria University 26-27 January 2011.

Participate in the activities of 25th Annual Scientific Meeting: For Obstetrics & Gynecology Department, Faculty of medicine- Alexandria University 4-5 May 2011.

- Participate in the activities of 7th Annual Scientific Meeting: For Pediatric Nursing Department, Faculty of Nursing - Alexandria University 29 June 2011." Pediatric Nursing Oncology "Challenges& Care"

- Participate in the activities of 5th Annual Scientific Meeting: For Medical Surgical Nursing Department, Faculty of Nursing - Alexandria University 25 May 2011. "Health Related Quality of life"

- Participate in the activities of 8th Annual Scientific Meeting: For Pediatric Nursing Department, Faculty of Nursing - Alexandria University 24 April "2012." Pediatric Nursing Approaches in chronic Illnesses"

Participate in the activities of 26th Annual Scientific Meeting: For Obstetrics & Gynecology Department, Faculty of medicine- Alexandria University 3-4 May 2012.

Participate in the activities of 1st Annual Scientific Meeting Alexandria Regional office For Women's Health And Development

" Alexandria Forum For Women's Health And Development" one day even **9 May 2012**

- Participate in the activities of 4th Annual Scientific Meeting: For Faculty of Nursing – Helwane University "Innovations in Nursing Researches, Education & Practice" 28 April 2012.

Participate in the activities of 5th Annual Scientific Meeting: For Obstetrics & Gynecology Department, Faculty of Nursing – Tanta University "Ethics In Obstetrics And Gynecology" 21 May 2012.

Contribution in the 3rd annual Scientific Meeting "Innovations in Obstetrics Nursing Practice" 16 December 2012

Participate in the activities of international women day in Alexandria Regional office For Women's Health And Development
27-28 March 2013

Participate in the activities of 8th Annual Scientific Meeting: For Administration Nursing Department, Faculty of Nursing - Alexandria University 10 April **2013.** "Gap between Knowing and Doing: Safety and Crisis Management in Health Care"

Participate in the activities of 8th Annual Scientific Meeting: For Pediatric Nursing Department, Faculty of Nursing - Alexandria University 24 April 2013." Innovations in Pediatric Nursing "
Accredited Higher Education Institutions : Challenges & Strategies

- Participate in the activities of 27th Annual Scientific Meeting: For Obstetrics & Gynecology Department, Faculty of medicine- Alexandria University 3-4 May 2013.

Participate in The 12th international Scientific Nursing Conference " Faculty of Nursing - Alexandria University Accredited Higher Education Institutions : Challenges & Strategies " 16 May 2013 Alexandria- Egypt.

Participate in the activities of 18th Annual Scientific Conference of the Egyptain Association of Endocrinology, Diabetes & Atherosclerosis . The Eurpoean Association for study of Diabetes (EASD) , International Society of Endocrinology (ISE), Eurpoean Society of Endocrinology (ESE).

- 28th Annual Scientific Meeting: Department of Obstetrics & Gynecology, Faculty of medicine- Alexandria University about women's reproductive health towards future horizons 1-2 May, 2014.
- Workshop about technical skills in management of post-partum hemorrhage in Alexandria regional centre for women's health and development 27th--29th May,2014
- Workshop about Medical and Nursing education and training in Egypt in Alexandria regional centre for women's health and development 1st June,2014
- Workshop about Help baby breathe, warm hug care and healthy nutrition in Alexandria regional centre for women's health and development 28th May,2014
- Participate in the activities of 1st Annual Natural birth Conference in Egypt “Natural ChildBirth Is a Women’s Right “16th October , 2014.
- Participate in the 8th International Conference of (ARC) Alexandria Regional Centre for Women's Health and Development; Women's rights

are human rights: How to implement? Held in the period of 2nd -3rd April 2015.

- Participate in 29th Annual Scientific Conference for Obstetrics & Gynecology Department Faculty of medicine- Alexandria University in the period of 7-8 May 2015.
- Participate in the 1st International Scientific Conference Faculty of Nursing Port Said University "Challenges and New Trends in Nursing" 14 May 2015.

Training Courses and activities :

- 3 days training course Safe Motherhood in Suzanne Mubark center 24-26/2 2008
- Participate in 4 day educational programme " First Aids" for student of the Damanhor branch ,University of Alexandria from 13 to 16 February 2010, at Faculty of nursing , Damanhour
- Participate in 5 day educational programme for student of the Damanhor branch ,University of Alexandria from 6 to 10 march 2010
- Participate in 6 day Work Shop for in question evaluation and use of WINSTEPS, at faculty of Science and arts, Ain Shams University from 15 to 20 may 2010

Participate in 5 day training course in regional center for quality and capabilities of faculty members in Cairo Development entitled training trainees (introductory level TOT)

Participate in 9 day training course in regional center for quality and capabilities of faculty members in Cairo Development entitled training trainees supplementary level 2 TOT) "Professional Trainer

٢٠١٢/٢/١٩ إلى ٢٠١٢/٢/١١

- Training course in International Computer Driving Licence " ICDL"

٢٠١٣/٢/٢٠

- Training course on "safe motherhood" Alexandria Regional Health and Women's Development Center during the period from 10/22/2013 to 24/10/2013

- Training course in SPSS course in 2013.

Training Courses in (FLDC):

Scientific Research preparation	11-13/11/2008
Effective Communications	20—22/12/2008
Professional Ethics	10-12/1/2009
Student Evaluation	13-15/1/2009
Effective Presentation	31/1-1/2/2009
Credit Hours	7-9/2/2009

Teaching Experience:

20 years teaching experience in the field of Obstetric & Gynecological nursing & family planning. It includes classroom teaching, clinical supervision for undergraduate students, dissertation supervision appointments, small group teaching.

- Participate with the staff member to perform department Book “Procedure manual and Log Book for obstetric and gynecological nursing”

Teaching Experience		
1	Subject name	Clinical Obstetric and Gynecological Nursing
	Level	3 rd year Nursing student
	Institute name	Faculty of nursing Alexandria university
	Year	1996- 2008
	Country	Egypt
2	Subject name	Clinical Obstetric and Gynecological Nursing
	Level	3 rd year Nursing student
	Institute name	Faculty of nursing Damanhour university
	Country	Egypt
	Year	2009- until now
4	Subject name	Nursing research
	Level	4 th year Nursing student
	Country	Egypt
	Institute name	Faculty of nursing Damanhour university
	Year	2010-2011 2011- 2012
5	Subject name	Obstetric and Gynecological Nursing
	Level	1end year
	Country	Egypt
	Institute name	Zawia Ghazal technical Institute.
	Year	2013-2014 2014-2015, 2015-2016
6	Subject name	Delivery
	Level	First year
	Country	Egypt
	Institute name	Zawia Ghazal technical Institute..
	Year	2013-2014 2014-2015, 2015-2016
7	Subject name	Antherbology
	Level	third year
	Country	Egypt
	Institute name	Faculty of nursing Damanhour university
	Year	2010-2011
8	Nutrition	Faculty of Science Free hours 2015-2016

